

2017 York Volleyball Tryout Information

***You must have a physical dated after 4/15/17 to enter the gym.**

Question? What should I do if I am not in the 7th or 8th grade Girl's athletics class and want to play volleyball? **Question?** What should I do if I am in the 7th or 8th grade Girl's athletics class and want to play volleyball?

Answer: Anyone wanting to play volleyball at York must attend every day of the tryout dates. **If you aren't in the athletics class we will move you to Girl's athletics if you make the volleyball team.**

Tryout Dates: We do not have make-up dates for volleyball tryouts.

Must attend all days. August 21st - 24th, Monday - Thursday

We will have a 1st cut on Tuesday after tryouts and a 2nd cut on Thursday.

We will post the 2017 Volleyball team on Thursday night.

We will have 2 teams per grade level.

What time are tryouts?

7th grade tryouts student drop off time is 7:00 a.m. Tryouts start promptly.

For 7th grade girls only, you may play volleyball and be in drill team or cheer.

8th grade tryouts are after school until 5:00 p.m. Pick up time is at 5:00 p.m.

What should I wear to tryouts? you can wear any athletic t- shirt, any pair of gym shorts (appropriate length), and tennis shoes

What CAN'T I wear? ◦ no tank tops ◦ no volleyball spandex tights ◦ no earrings (it is against U.I.L. Rules to wear earrings in a game)

Each person will individually be scored on the following skills: Coaches will score each person on ability to do the skill and their form level of each skill.

10 overhand **serve**s: ___ out of 10

10 **passes** to the setter position: ___ out of 10

10 **sets** to the outside position: ___ out of 10

Volleyball drills/ Scrimmaging: Coaches observe each individual on skill performance during volleyball drills and a volleyball game.

WHAT TO EXPECT IF YOU MAKE THE YORK VOLLEYBALL TEAM:

2 Volleyball tournaments to attend on Sept. 9th and Sept. 16th

Volleyball games are played on Thursdays. We have one Wednesday game.

Mandatory Parent meeting will be held the first week of volleyball practice. York

will supply practice gear clothing, team backpack, black knee pads, and team

uniform. 7th grade practice every morning at 7:15 a.m. through 1st period

8th grade practice every day during 7th period class until 5:10 p.m.