



York Grizzlies

Student & Parent Handbook



Home of the YORK GRIZZLIES



Welcome to the York Grizzlies football program!

We are excited for this upcoming year and having your child part of the York Junior High football program.

Here at York, we have a mission that we follow when it comes to our athletes. It is important to note that athletics are a privilege and should not be taken lightly. By knowing these expectations ahead of time, it gives you a chance to know what high expectations we have for you child at York and the athletic programs.

This handbook should be used by the parents and the students as a reference. If we feel it necessary, we as a coaching staff will reserve the right to change or deviate from the handbook and update as soon as possible.

Thank you,

Coach Danzer & Coaching staff



Parents and Guardians of Incoming York Football Players: 2019-2020

As we prepare of the upcoming football season, there are several items that need to be addressed before the end of the school year and before your child can participate in athletics. The district requires that every student-athlete that wishes to participate in any sport MUST have a physical on file. All required paperwork must be properly completed and turned in to the coaching staff before they can participate in any practice or game.

-Important-

You MUST turn in the physical form to the York Junior High Boys Athletics Department before the deadline date of June 14th, 2019 for next season. Please turn in to the Coaching staff, not to the clinic. If you are an incoming 7th grader, please turn in all paperwork to York Junior High, do not turn into Tom Cox Intermediate. You may turn in paperwork to the front office at York JH. As long as the physical is after April 15, it will be valid for all of next school year (Fall 2019 – Spring 2020).

You must purchase the athletic apparel before June 14th, 2019. We will be sending Remind101 updates, as well as updates on the website. Athletic apparel MUST be purchased through North Houston Athletics; everything that is purchased is the child's to keep. If not, your student will have their schedule changed to Physical Education class and will not be able to participate in football. You have time; please take care of this as soon as all possible!

You must have the Parent/Guardian information packet turned in by June 14th. Both parent and child must read the packet carefully, make sure everything is understood and you are aware of what you are signing as far as policies and procedures.

In order to be in Athletics and participate in Football next year, you MUST have the physical completed by a doctor and turned in, the athletic apparel ordered, and the Parent/Guardian packet completed, signed, and turned in. If these requirements are not met by June 14th, your child's schedule will be changed to Physical Education and they will not be a part of the football team. Please handle all requirements as soon as possible.



York Junior High School Athletic Mission:

Our mission here at York Junior High goes farther than just having successful athletic teams and a successful program. We strive to teach our student athletes the importance of being a part of team. We instill the aspect of teamwork with our student athletes as well as discipline, hard work, and sacrifice. We know and understand that being a student athlete is not easy, and is not for everyone. This is why we hold our children to a higher standard in the hallway, cafeteria, and most importantly the classroom. We want to make sure that we are teaching our students the importance of being a student-athlete, doing the right thing and being a part of something. Ultimately, our goal for all athletes that decide to play a sport is to teach them the necessary skills that they will need to be successful athletes at the next level, but also show them how to use what was taught to them to become successful adults. As a coaching staff and school, we want our student athletes to represent our school proudly, but also be proud to be a Grizzly!



Here is a list to help remind you of the paperwork:

- Physical/UIIL forms – These documents are required to practice and/or tryout for any sports offered at York. For the sport please write: **ALL SPORTS**, this will prevent getting an additional physical for a different sport later in the school year.
- Order Athletic Attire(North Houston Athletics)
- Parent / Athlete Acknowledgement and Agreement – Parent and Athlete signature required.
- Athlete Travel Card – Fill out completely and put grade level of the athlete.



Student-Athlete Responsibilities

1. York athletes are to represent themselves, their families, school, and community in an appropriate manner in school and at all sporting events: Including practice, competitions, and travel to and from activities. All school discipline rules and regulations apply to student athletes.
2. All student athletes are responsible for completing all schoolwork missed due to early release, athletic events, or other athletic requirement or activity.
3. All athletes are to wear their given practice attire every day. It is to be used by the athlete for the duration of practice. Each student will be responsible for putting their name on their clothes with a permanent marker. (Last name, First initial)
4. No jewelry is allowed during practice or games (watches, earrings, bracelets, rings, etc.) Jewelry needs to be taken off before entering the locker room.
5. **There is a strict NO CELLPHONE policy in the boy's locker room. No Exceptions, Ever.**
6. On game days, if a student is not at school that day, they cannot attend afterschool to participate in the game. All students that ride the bus to the game or activity must ride the bus back to York.
7. Athletes that are close to failing or failing a class must attend afterschool tutorials on the day that the subject they are struggling in is offered. Coaches will check grades weekly.
8. Athletes that become academically ineligible are to attend practice and be their respected team. Kids are not to be on cell phones and are to be dressed in practice attire.
9. Tryouts & cuts take place for some sports. Student athletes that get cut or do not make the team are not eligible to participate for that current school year. Some exceptions to the rules are: Newly enrolled students, medical excuses, and athletes finishing current sport.
10. Athletes that are "injured" are expected to be at practice and games and continue to be a part of the team.
11. Stealing will result in immediate contact of administration, followed by severe punishment and potential/immediate removal from athletics.
12. Be On time.
13. Keep facilities clean, no trash left on floors.



Behavior Expectations for Student-Athletes

1. Any athlete ejected from a game/contest is ineligible at least for the next competition. A review by the Head Coach and Principal will determine the next playing date for athlete. Parent will be notified once decision is made.
- 2. If a student receives ISS or suspension on the day of the game or activity, he is not eligible to participate that day. If student receives ISS or suspension during the week (prior to or following a game) it will lead to or result in loss of future games or from participating in the future of the sport.**
3. Athletes receiving disciplinary action in which they will be sent to an alternative campus, are immediately suspended from the team or participation in any after school events sponsored by the school. Once student returns, Head Football Coach & Principal will meet with the parents and student to discuss further disciplinary action if required.
4. Athletes that engage in a fight will automatically be suspended $\frac{1}{2}$ of their given season. If the student gets into another physical altercation, he or she will no longer be able to participate in athletics at York Junior High.
5. Disrespect to any adult will not be tolerated. This is including all personnel (teachers, substitutes, administration, custodians, lunchroom staff, etc.). Athletes must understand that they are held to a higher standard and are leaders of the school. They must conduct themselves in that manner.
6. Failure to abide or abuse of any of these behavior expectations will hinder your student's eligibility for that given sport and can ultimately result in:

- Suspension for 1 or more games/contests.
- Removal from team for $\frac{1}{2}$ of season.
- Removal of team for remainder of season.
- Forfeiting your opportunity to participate in the Grizzlies Athletics Program
- Any other appropriate disciplinary measures deemed necessary by the administration.



TRAVEL TO AND FROM AWAY CONTESTS

As touched on previously, any student on a team traveling to an away athletic contest on school- owned or chartered transportation or other such approved vehicle shall return to school in the same vehicle after the contest is over. Per administration, no student is to leave with any person other than his/her parent and must ride the bus unless prior arrangements have been made and approved with a 24 hour notice.

***All rules and regulations set forth in the Student Code of Conduct and this athletic Code of Conduct will apply at home and away contests. In addition, the following practices are stipulated when participating in away contests:**

1. Student-athletes will dress in a manner that is neat in appearance and appropriately represents a positive image for their school (no slippers, no sagging pants, etc.).
2. Student-athletes are guests and will use opposing school's facilities accordingly ("LEAVE IT BETTER THAN YOU FOUND IT").
3. Student-athletes may NOT enter into an opponent's facility wearing headphones, ear buds, etc.

FAILURE TO COMPLY: Any participant not returning from any away contest with the team without permission of the coach or school administrator is ineligible to participate in the next scheduled contest. The participant ***must*** continue to practice with the team, a second violation may result in dismissal from the team for the remainder of the season.

FAILURE TO COMPLY: Failure to abide by the supplemental rules and regulations distributed by the coach will lead to disciplinary action including, but not limited to, suspension and/or exclusion from athletic participation.



Practice & Game Information

7th Grade Practice

The double doors located on the far right of the school building to the Athletic Hallway will open at 7 a.m. Players are expected to be dressed and ready to go on the field at **7:30 a.m.** at the latest! It will take the 7th graders at least 15-25 minutes the first couple of days to be dressed and ready. We must maximize our entire practice time for fundamentals, conditioning, and the basics of football.

Each football player will be assigned a locker on the day of equipment check-out. Players need to be prepared to clean up (shower) each day after practice has finished. Each student athlete is responsible for bringing soap, shampoo, deodorant (**No Aerosol Cans**), towel, change of clothes, etc. to store in their locker. Football players are to keep locker room clean and free of any trash or left over clothes each and every day. Failure to do so will result in “extra work” for entire team.

7th Grade Games

Most of the time, 7th grade football games will be held on Mondays @ 4:30, 5:30 and 6:30 p.m. respectively. Game times and game locations depend on what team your child plays on. Occasionally, athletes may shift from team to team for various reasons. Please make sure your child informs you weekly about which team they are playing on.

8th Grade Practice

Practice will begin the first day of school, at the beginning of 7th period and end at 5:15 p.m. Parents are to pick their child up at the gymnasium double doors located at the East side of the building. Please be prompt when picking up your child, if your child is consistently picked up late, certain measures will be taken by Head Coach and coaching staff (possible removal). Plan on practicing everyday afterschool up until games start.

8th Grade Games

Games will generally be held on Tuesdays @ 4:30, 5:30, and 6:30 p.m. This will depend on what team your child is placed on. If ever there is a change, there will be advanced notice...Please be sure to always check website or the Remind 101 App.

****All team schedules will be posted on football website and distributed to players as soon as finalized by District.****



Game Day

- On days of games, kids are to dress up or wear “Nice Clothes” (Wear something they normally would not wear to School).
- Kids are to wear their York practice shirt under their pads. (Orange or Blue)
- Athletes are to have football cleats that are our schools team colors:
 - o Black
 - o Blue
 - o White
 - o Orange
 - o Gray
 - o Any combination of those colors
- Wear Game socks and bring black game pants.
- Kids can wear tights, but they have to be colors stated above.
- Gloves (optional) must be colors as stated above.
- Kids are silent on bus ride to games and coming back from games.
- They are allowed to listen to headphones on the bus, but headphones do not leave the bus.
- Kids will ride bus to and from game.
- Injured players are expected to go with the team they are on.
- WE DO NOT ISSUE LOANERS, KIDS ARE RESPONSIBLE FOR BRINGING WHAT IS NEEDED FOR THE DAY. Failure to do so will result in loss of playing time or not playing at all.

We do our best to update the website with any notifications, adjustments, or changes. Please check the York Football website and be signed up for the Remind101 updates.



Equipment Pick Up Day/Times

- **August 12th**, 2018 North Houston Athletics Representatives will be issuing the athletic apparel that was ordered. York Football coaches will be issuing equipment as well (helmets, shoulder pads, etc.). Lockers will be assigned on this day as well.

- **Parents will wait in the gym while the student/athlete goes through the equipment pick-up rotation. Thank you for your cooperation.**

*****Equipment Pick up will take place August 12th, 2018 at 5:00 pm – 8:00 pm in the York Boy's Gym. You may bring your child any time during allotted pick up time.**





Parent/ Athlete Acknowledgement Form

- We have read the York athletic handbook and we understand what is expected of our child with all sports they compete in.
- We have read the rules provided by the York Coaching staff and understand our child must abide by rules to maintain being a part of York football program.
- We understand the consequences if our child is assigned: ISS, OSS, DAEP or any other disciplinary action based on behavior. We understand that in these situations coach's decision will come into play.

Parent/Guardian Sign

Student Sign

Date